

# NOTES

# LET'S TALK ABOUT SUICIDE

## INTERACTIVE OUTLINE

10 JUNE 18 MORNING MESSAGE

### Ecclesiastes 1.1-11, p.553

#### 1) The Problem with Mental Health/Worldview

- The problem isn't *just* mental health, and the answer isn't *just* medication.
- There is no one-size-fits-all answer to the Why? of suicide.
- How might our society contribute to suicide?
  - Increasing nihilism.
  - Devaluing life.
  - Individualism.
  - Increasing isolation.
  - Relentless happiness.
  - Success/competition.
  - Inconsistent messages.

#### 2) The Answer of the Bible: Ecclesiastes, p.553

- March of time, Eccl.1.1-11, p.553.
- We will die, Eccl.11.7 – 12.7, p.559.
- Life's Random Nature, Eccl.9.11-12, p.558.

#### 3) What the Church Can Do

- Be present.
- Don't stigmatize.
- Make connections.
- Believe the gospel.